

# Safety Talk: Hurricane and Flood Cleanup Hazards

*(Adopted from OSHA guidelines.)*

Cleanup work of any kind is hazardous, but flood conditions make it even more so. Following these procedures will help you stay safe and healthy while cleaning up after natural disasters that involve flooding:

## Health Tips

- Take frequent rest breaks when lifting heavy, water-laden objects. Avoid overexertion and practice good lifting techniques. To help prevent injury, use teams of two or more to move bulky objects, avoid lifting any materials that weigh more than 50 pounds per person and use proper automated lifting assistance devices if possible.
- When working in hot environments, have plenty of drinking water available, use sunscreen and take frequent rest breaks. Wear light-colored, loose-fitting clothing.
- Be sure a first-aid kit is available to disinfect cuts or abrasions. Protect open cuts and abrasions with waterproof gloves or dressings.
- Wash your hands often during the day, especially before eating, drinking or applying cosmetics.

## General Precautions

- Use a wooden stick or pole to check flooded areas for pits, holes and protruding objects before entering.
- Ensure that all ladders and scaffolds are properly secured.
- Establish a plan for contacting medical personnel in the event of an emergency.
- Report any obvious hazards (downed power lines, frayed electric wires, gas leaks or snakes) to appropriate authorities.
- Use fuel-powered generators outdoors. Do not bring them indoors.
- Use life-vests when engaged in activities that could result in your entering deep water.
- Use extreme caution when handling containers holding unknown substances or known toxic substances (for example, floating containers of household or industrial chemicals). Contact the Environmental Protection Agency's National Response Center for information on disposal. The number is 1-800-424-8802.
- Do NOT use improvised surfaces, such as refrigerator racks, for cooking food or boiling water to avoid exposure to heavy metals.

## **Clothing and Personal Protective Equipment**

- Always wear water-tight boots with steel toes and insoles, gloves, long pants, and safety glasses during cleanup operations. Sneakers should NOT be worn because they will not prevent punctures, bites or crush injuries. Wear a hardhat if there is any danger of falling debris.
- Wear a NIOSH-approved dust respirator if working with moldy building materials or vegetable matter (hay, stored grain, or compost).
- When handling bleach or other chemicals, follow the directions on the package. Wear eye, hand and face protection as appropriate. And have plenty of clean water available for eye wash and other first-aid treatments.

## **Electrical Hazards**

- Do NOT touch downed power lines or any object or water that is in contact with power lines.
- Treat all power lines as live until you are certain that the lines have been de-energized.
- Beware of overhead and underground lines when clearing debris. Extreme caution is necessary when moving ladders and other equipment near overhead power lines to avoid inadvertent contact.
- If damage to an electrical system is suspected -- for example, if the wiring has been under water, you can smell burning insulation, wires are visibly frayed, or you see sparks, turn off the electrical system in the building and follow lockout/tagout procedures before beginning work. Do not turn the power back on until electrical equipment has been inspected by a qualified electrician.
- When using a generator, be sure that the main circuit breaker is OFF and locked out prior to starting the generator. This will prevent inadvertent energization of power lines from backfeed electrical energy from generators and help protect utility line workers from possible electrocution.
- Be aware that de-energized power lines may become energized by a secondary power source, such as a portable backup generator.
- Any electrical equipment, including extension cords, used in wet environments must be marked, as appropriate, for use in wet locations and must be undamaged. Be sure that all connections are out of water.
- All cord-connected, electrically operated tools and equipment must be grounded or double insulated.
- Ground-fault circuit interrupters (GFCIs) must be used in all wet locations. Portable GFCIs can be purchased at hardware stores.

## **Fire Protection**

- Immediately evacuate any building that has a gas leak until the leak is controlled and the area ventilated.
- Be sure an adequate number of fire extinguishers are available and re-evaluate the fire evacuation plan.
- Be sure all fire exits are clear of debris and sandbags