On May 14, a National Day of Action: I Stand with Postal Workers!

As the expiration of the APWU-USPS contract approaches, union members are ramping up activities – planning events for the National Day of Action on May 14 and getting postcards signed.

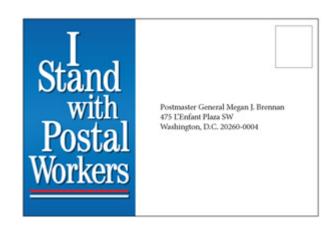
Both activities are organized around the theme, "I Stand with Postal Workers."

Attend an Event on May 14

APWU locals across the country are planning rallies, press conferences and other activities for May 14. To find an event near you, visit www.apwu.org/may-14-national-day-action.

"I urge all union members to attend an event and to encourage their family, friends and neighbors to participate as well," said APWU President Mark Dimondstein.

"As the contract deadline nears, we need a strong demonstration of support."



Gather Signatures on Postcards

Members are also working to gather signatures on postcards that declare, "I Stand with Postal Workers." The cards will be mailed to Postmaster General Megan Brennan.

Two postcards have been sent to each member, with additional supplies mailed to local leaders. The postcard can also be signed online at www.apwunccc.org.

Give to Letter Carriers' Food Drive, May 9

The American Postal Workers Union endorses the 23rd annual National Association of Letter Carriers'

"Stamp Out Hunger" Food Drive, which will take place on Saturday, May 9.

"I urge every APWU member to make a generous donation," said APWU President Mark Dimondstein.

"Unions are based on a spirit of generosity – in support of each other and our communities," he said. "Far too many people go to bed hungry. Let's pitch in and do what we can to Stamp Out Hunger."

The concept is simple: Postal customers across the country are asked to put non-perishable food donations in a sturdy bag and place the bag near their mailbox prior to

their regular mail delivery. Letter Carriers will collect the donations as they deliver mail.

levels.



Last year, with the help of thousands of volunteers, letter carriers collected 73 million pounds of non-perishable food

During the winter holiday season,

food banks and shelters usually

benefit from an upswing in charitable

donations, the NALC notes. By

springtime, however, their stocks

tend to dwindle to critically low

"Thanks to generosity since the national drive began in 1992, letter carriers have picked up and delivered to local food banks more than 1.3 billion pounds of food," said NALC President Frederic Rolando. Visit nalc.org/food for more info.