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Creating: Committed, Trained, and Confident Activists through a Mentoring Program

Formal Mentoring Program:

- Mentors can be: leaders, peers, women, men
- Mentoring individuals or groups
- Mentoring a two-way process
- Everyone becomes a part of a larger social movement making a difference for future generations

Results from Mentoring:

- improve communications within the organization;
- create a united work environment;
- increased job satisfaction and commitment;
- transfer knowledge and history to new generations;
- reduce turnover;
- help resolve barriers and include organizational practices;
- develop new leaders who can serve the union in a variety of ways;
- diversify the leadership;
- enable personal growth;
- Increase awareness of issues within the organization;
- share the workload with future leaders and seasoned leaders and
- enjoy building a partnership, mentoring members to union activists.



- 1. Goals and Objectives within a budget
- 2. Formalizing a Program
- 3. How long will program run
- 4. Time commitment for mentors & mentees
- 5. Group Mentoringor Individual
- 6. Select a Program Coordinator
- 7. Select the Mentors; expertise, committed
- 8. Recruit Participants Mentors & Mentees
- 9. Identify Mentees Needs and leadership roles
- 10. Identify assignments for mentees growth
- 11. Matching Mentors with Mentees
- 12. Prioritize organizational & mentee needs
- 13. Ground Rules, signed agreements
- 14. Orientation and Content of group Meetings
- 15. Keeping track of progress place on database

Mentoring Agreement: <u>Mentees</u>	
<u>Instructions:</u> This document is intended to help you establish	
	ective mentoring habits with your mentoring team. Please
	swer the questions with detail and review with the mentors.
all	swer the questions with detail and review with the mentors.
1.	Will attend alldays working together with Mentors
2.	Will be willing to meet with mentors at hall, over coffee, lunch, e-
	mail after day workshop etc
3.	We will attempt to meet at leasttimes a week , and if I
Э.	
	cannot attend a scheduled meeting, I agree to notify my mentor in
	advance whenever possible and so will my mentor.
4.	What do I expect from my mentors?
5.	I will agree to complete my assigned activities and responsibilities
	as a mentee, and any sensitive issues will be held confidential .
	as a mence, and any sensitive issues in the neighborniae in a
6.	I will agree to report my progress at the next Local Union Meeting.
0.	will agree to report my progress at the next Local official infecting.
7.	I agree to a <u>no fault conclusion</u> of my mentoring relationship with
	my mentors if necessary. If one of us needs to terminate the
	relationship, we agree to abide by the decision.
	relationship, we agree to ablue by the decision.
<u> </u>	ontoo Bata
Mentee Date	

Mentor's Sharing and Objectives

- Orientation and Union History
- Running of a Union, Constitution, Rules
- Activities Union Business
- Assignment s for Mentees to choose from
- Training for Assignments and Role Playing
- Benefits and needs to accomplish the goals
- Work Plan, Timeline and Commitments
- Feedback, New Ideas, Suggestions

Case Study: Lillydale Area Local, APWU

Goals: Legislative, Media Work, Local Website manager, Constitution/Budget Committee, Safety Committee, Community Coalition Organizer, Contract Campaign Committee, Central Labor Council Delegates, Christmas Party Organizer, Associate Office Stewards, New Employee Organizer, Assistant Editor **Budget:** LWOP for 6 mentees, for 3 Mentors for four days Breakfast, Lunch at Union Hall, After Workshop some LWOP for assigned tasks and their report to next Union Meeting. Write Program & Ground rules: new group every 8 weeks **Select a Coordinator:** Select Mentors **Recruitment of Mentees:** Advertise for Applicants news letter, interviews at work, selection by E-Board, President selects **E-Board:** prepare agreement & teaching content & materials **Coordinator:** will keep track of progress on database, set-up of workshop, report to President problems, issues, and progress.

Sample Content of the Four Day Program

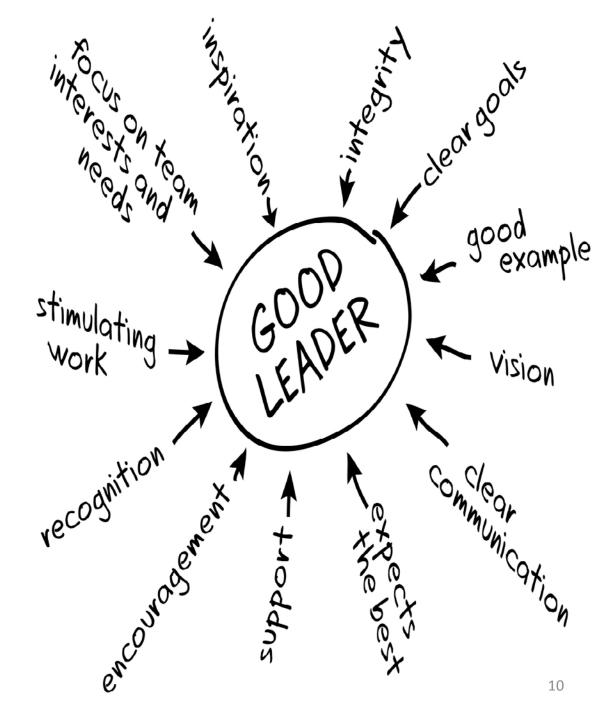
- Mentors & Mentees share background Program needs of mentees/mentors 1) Mentee Agreement/ survey to get to 2) know mentee 3) **Ground Rules** 4) Mentors share union story Mentees share experiences 5) 6) Talk about goals have survey for mentee 7) Start with Union History
- 8) Discuss the operation of the local, state, national
- 9) Constitution, Union Paper, Union Activities, Organizing , budget
- 10) Participation at Union Meetings, role play, Robert's rules, grievances, safety & health
- 11) Politics, culture, workplace environment
- 12) Have a list of work assignments, and/or project assignments for the mentee to choose from.

- 13. Discuss what assignments entail
- 14. Open discussion on ways to work on the assignments chosen
- 15. Keeping track of steps to success
- 16. Resources and Research
- 17. Commitment to stay active after assignments are completed
- 18. Open discussion on ways to make our local better for our members
- 19. Reaching the members after mentoring and looking for others
- 20. Reports at the next Union Meeting by mentees
- 21. Building a Community Coalition that includes Postal Issues
- 22. Building a Media Relationship
- 23. Building political relationships with legislative leaders
- 24. Getting ready for the 2016 Elections, projects

Doing Your Best Work Discussions

- Working from home
- Working on-site
- Technology, Media,
- Communication requirements
- Building Union Member Power
- Community Power booklet & Toolkit
- Union Training Opportunities
- Where are the resources

Leadership Goals



Case Study Discussion: National Elections

- What we can learn from the last event?
- Best practices, working with AFL-CIO
- What we can do better?
- What do we need to do to get our communities and members to vote?
- Absentee, Voting By Mail



Case Study: Building Community Coalitions

- 1. DEFINE THE PROBLEM AND ITS IMPACT ON THE COMMUNITY & THE PEOPLE'S POSTAL SERVICE
- 2. IDENTIFY KEY STAKE HOLDERS
- 3. CONVENE A MEETING
- 4. SHARE PERSPECTIVES
- 5. DISCUSS THE CURRENT REALITY AND THE IDEAL
- 6. CREATING A VISION FOR YOUR COMMUNITY
- 7. DETERMINE THE NEXT STEPS TO ACTION

New Activist Long term Goals

1. Where do you see yourself in 5 years?

2. How do you envision your community in the next 8 years?

3. What are your major aspirations within the union and with the community?

4. What steps will you need to take, to achieve such a role?



MENTEE FEEDBACK:

- **1. Final Session**: Evaluate what worked well and what you would change from your Mentoring Workshop. How will you continue to work on your goals to become a part of this important union and community movement?
- 2. What did you learn/gain?
- 3. Assess your mentoring relationship with the mentors and progress made.
- 4. What did not work well?
- 5. My mentor was most effective when...
- 6. I feel my mentors could have been more effective if ...

Conclusion of Mentorship

- Define your challenges
 - Technological as well as personal
- Set realistic expectation
 - Mastery is not achieved overnight
- Keep your eye on the goal
 - Continue to Mentor

Resources Used:

The Next Generation: A Handbook for Mentoring Future Union Leaders www.bergermarks.org

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